

Newsletter

North Berwick Day Centre

February 2024

Welcome to our first newsletter of the year. It was a busy old time at Christmas and New Year here in the day centre. We decided to hold three Christmas lunches in December to ensure everyone had their roast turkey! We had a lovely time with great entertainment to boot. We had a nip and auld lang syne at New Year and are now looking forward to what this year will bring. We have a few things planned so keep an eye out for them in the day centre but also on our website and facebook page.

Details of our daily entertainment in the day centre can be found on our website

Carer meetings

We are now having regular carer meetings where we can chat and pass ideas and information to each other. Please get in touch as we can add you to our email/phone list so you get plenty of notice when there are

If anyone would like to talk to me please contact the day centre and they will pass on a message to me.

T: 01620 890906 / **E:** manager@nbdaycentre.org.uk

We are pleased to say that we received our funding from the Health and Social Care partnership for the next two years to assist with the running of the Day Centre. We rely on funding from various sources to help us provide the service we do. We are fortunate to receive donations at times and also people who help raise money for us for which we are always very grateful.

We are now open for drop in coffee!

**10am-11.30am.
Cost £3.00**



We are also open for drop in entertainment in the afternoon.

Cost £5



Contact us by T: 01620 890906

E: manager@nbdaycentre.org.uk or info@nbdaycentre.org.uk

www.nbdaycentre.org.uk/ and Facebook as North Berwick Day Centre



Knit and Knatter

**Come along to our
Knit and Knatter group!**

at North Berwick Day Centre

Thursdays 1.30-3pm

Only £3 and includes tea/coffee and biscuits

*All welcome for a cosy afternoon of
chatting, company, knitting
and a nice cuppa!*

Volunteers

We would love to hear from you if you have some spare time, it need only be an hour or two, and you'd like to contribute to our wonderful day centre and support our members who attend. If you'd like to volunteer please get in touch. Contacts below.

We currently have availability Monday to Friday. Pop in and meet everyone and have a look around the day centre. Staff, volunteers and members will tell you all you need to know about attending here. Pick a referral up at the day centre or we can post one out. Alternatively, phone, email or download one from our website at: [https://](https://www.nbdaycentre.org.uk/)

www.nbdaycentre.org.uk/ We are also now on Facebook as North Berwick Day Centre. We look forward to welcoming you into the Day Centre!

Some recent activities we've enjoyed

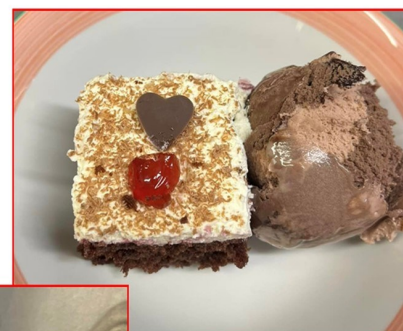


Above and left:
Volunteer party
where we unveiled a
plaque for Elma
Danks for all her
hard work setting up
the day centre

Above: We raised £845.26 from our coffee
morning! Thank you everyone



Left, Right & Below:
Valentines Day!



Below: Getting back
to some lovely runs
on the bus



Above left: at our reach out session

Above right: We love to Games aplenty

**Well done Amy,
who's only gone and
raised £4,000 (so
far!) for the day cen-**

